



Crews Lake Raiders Girls & Boys Track Tryouts

**ATHLETIC PARTICIPATION PACKETS UPLOADED TO
WWW.ATHLETICCLEARANCE.COM
PACKETS MUST BE UPLOADED BY MARCH 10TH AND
STUDENT MUST BE CLEARED TO TRY OUT.**

**MONDAY, MARCH 11TH
TUESDAY, MARCH 12TH
THURSDAY, MARCH 14TH**

**AFTER SCHOOL UNTIL 4:15PM –
MEET IN THE GYM**



SHOT PUT, DISCUSS, HIGH JUMP, LONG JUMP, SPRINTS, DISTANCE RUNNING

Attire – shorts, shirt, running shoes, & water or water bottle

Sign up in front of Room 147 (Coach Lorentsen's Classroom)